

# Whanau Ora Navigator Job Description



**Position:** Whanau Ora Navigator

**Location:** Alexandra, Central Otago

**Type:** Full Time

**Salary:** TBC

## About Us:

At Uruuruwhenua Health Inc., we are dedicated to empowering whānau using the Māori model of wellbeing, Te Whare Tapa Whā, to strengthen all four pillars of wellbeing. The model describes health and wellbeing as a whareniui/meeting house with four walls.

These walls represent:

- Taha Wairua- Spiritual wellbeing,
- Taha Hinengaro- Mental and Emotional wellbeing,
- Taha Tinana- Physical wellbeing; and
- Taha Whānau- Family and Social wellbeing.

Our connection with the whenua/land, forms the foundation.

When all these things are in balance, we thrive. When one or more of these is out of balance our wellbeing is impacted. Our mission is to provide integrated, culturally responsive support that aligns with Māori values and principles.

## Role Overview:

You will play a critical role in supporting whānau to achieve their aspirations and improve their overall well-being. This role involves working closely with whānau to navigate and access a range of services and resources, ensuring that care is delivered in a way that respects and integrates Māori cultural values and practices.

A pivotal part of your role will be supporting whānau to be self-sufficient under the 7 pou of Whānau ora:

- *Pou Tahi - Whānau in Te Waipounamu are self-managing.*
- *Pou Rua - Whānau in Te Waipounamu living healthy lifestyles.*
- *Pou Toru - Whānau in Te Waipounamu are participating fully in society.*
- *Pou Whā - Whānau in Te Waipounamu are confidently participating in Te Ao Māori.*
- *Pou Rima - Whānau in Te Waipounamu are economically secure and successfully involved in wealth creation.*
- *Pou Ono - Whānau in Te Waipounamu are cohesive, resilient, and nurturing.*
- *Pou Whitu - Whānau in Te Waipounamu are responsible stewards of their living and natural environment.*

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## Key Responsibilities:

- Look for opportunities to promote all aspects of health under the Te Whare Tapa Wha model of wellbeing, including immunisation, health screening initiatives, mental wellbeing, and promoting the services available in the Wanaka community
- Provide a culturally safe and supportive service for whānau that promotes independence, resilience and importance so they become leaders in their own recovery
- Advocate on behalf of whānau to ensure their needs are met and their voices are heard.
- Develop and maintain strong relationships with whānau, ensuring trust and respect in all interactions.
- Monitor and evaluate the progress of whānau, providing ongoing support and adjusting plans as needed to meet their evolving needs.

## Skills and Qualifications:

- Deep understanding of Māori culture, values, and traditions.
- Previous experience in a health or social support role is preferred.
- Excellent communication skills, with the ability to engage effectively with whānau and community members.
- Ability to work collaboratively as part of a team and independently as needed.
- A compassionate and empathetic approach to supporting individuals and whānau.

## Benefits:

- Opportunity to work in a culturally enriching environment.
- Professional development and training in Māori health practices.
- Supportive and inclusive team culture.
- Uruuruwhenua will support the successful applicant towards further career progression in the health and wellbeing sector.

## How to Apply:

If you are passionate about supporting whānau and have the skills and experience we are looking for, we would love to hear from you.

For the job description and an application form please contact Nicole Fleming – Pou Tangata:

[nicole@uruuruwhenuahealth.co.nz](mailto:nicole@uruuruwhenuahealth.co.nz)

**Applications close: Friday 1<sup>st</sup> November 2024**