

23rd - 29th September

Mental Health Awareness Week

AT URUURUWHENUA HAUORA

Monday 23rd - Mirimiri with Denise (Aokimi)
10am-2pm

Tuesday 24th - Raranga
(All welcome)
3:30pm-5pm

Thursday 26th - Cool to kōrero (Chat)
10am-11.30am

**Please ring to book in for these as spaces are limited.
Come and see all the wonderful things Uruuruwhenua do
for our community.**



0800 485 111



admin@uruuruwhenuahealth.co.nz